7th European Conference on
PRECONCEPTION HEALTH AND CARE
New Developments in Preconception Care
towards Early Life Course Medicine

PRELIMINARY PROGRAM

Thursday April 15, 2027		
08.30-09.00h	*Registration*	
09.00-09.30h	Welcome by Chair **Early life course medicine: from bench to bedside**	*Annemarie Mulders, Erasmus MC (The Netherlands)*
	Theme: **Preconception care: a joint responsibility for laying the foundation for life course health**	
09.30-10.00h	**Public health importance of preconception care**	*Prof. Eric Steegers, Erasmus MC (The Netherlands)*
10.00-10.30h	**The independent commissioner of future generations: a voice for people-not-yet born**	*To be determined*
10.30-11.00h	*Coffee break*	
	Theme: **Reproductive life planning**	
11.00-12.05h	Room 1 Theme: **Unplanned pregnancy as a window of opportunity for pregnancy planning and planned parenthood** **Lecture –** *To be determined*	• Lecture • Oral Presentations (selected abstracts)
11.00-12.05h	Room 2 Theme: **Monitoring and evaluating preconception health and equity** **International core indicators for preconception health and equity –** *To be determined*	• Lecture • Oral Presentations (selected abstracts)
12.05-13.00h	*Lunch break*	
13.00-14.30h	Theme: **Technical innovations in early pregnancy imaging** **Innovative techniques: From a clinical perspective** *Assoc. Prof. Melek Rousian – Erasmus MC (The Netherlands)* **Innovative techniques: From a technical perspective** *To be determined*	• 2 lectures • Oral Presentations (selected abstracts)
14.30-15.00h	*Tea break*	

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15.00-15.25h	**Periconception lifestyle care as the investment in early life course health**	*Prof. Régine Steegers – Theunissen, Erasmus MC (The Netherlands)*
15.25-15.50h	**A network to improve quality, safety and capacity of primary health care services to support preconception care**	*To be determined*
15.50-16.15h	**Generation R Next: integrating cohort research and preconception interventions**	*To be determined*
16.15-16. 40h	**A preconception randomised control trial part of the Healthy Life Trajectories Initiative (HeLTI)**	*To be determined*
16.40-17. 00h	**Promoting preconception and interpregnancy health within the NIHR Maternity Disparities Consortium**	*To be determined*
17.00-17.25h	**Early life course health: returns on investment and societal impact**	*To be determined*
17.30-18.15h	Poster Pitches (session A) & Drinks	
18.00-19.00h	*Walk in the Park – Active networking*	
19.00-21.30h	*Conference dinner*	*Buitenplaats Rozenlust*

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Friday April 16, 2027		
Morning: option Rotterdam Run		
08.25-08.30h	Welcome	*Assoc. Prof. Melek Rousian, Erasmus MC (The Netherlands)*
08.30-09.00h	Keynote lecture **Integrated clinical networks for early life-course medicine**	*Speaker: To be determined*
09.05-10.10h	Room 1 Theme: **Early life course mental health** **Shaping long-term health for parents and children** *Prof. Hilmar Bijma, Erasmus MC (The Netherlands)*	• Lecture • Oral Presentations (selected abstracts)
09.05-10.10h	Room 2 Theme: **Preconception care in reproductive medicine** **Lecture –** *To be determined*	• Lecture • Oral Presentations (selected abstracts)
10.10-10.40h	*Coffee break*	
10.40-11.10h	Poster Pitches (session B)	
	Theme: **Early life course medicine: coordinated preconception care for lifelong health**	
11.15-12.15h	**Preconception counseling and do's and don'ts in multidisciplinary collaboration** - Diabetes - Cardiovascular disease - Use of immunosuppressant drugs - Obesity - Psychiatric disease	*To be determined*
12.20-12.50h	Keynote lecture **Shaping Inclusive and Diverse Early Life-Course Care**	*To be determined*
12.50-13.05h	Awards & Closing	Recap: *Annemarie Mulders & Assoc. Prof. Melek Rousian, Erasmus MC (The Netherlands)* Def. closure: *To be determined*